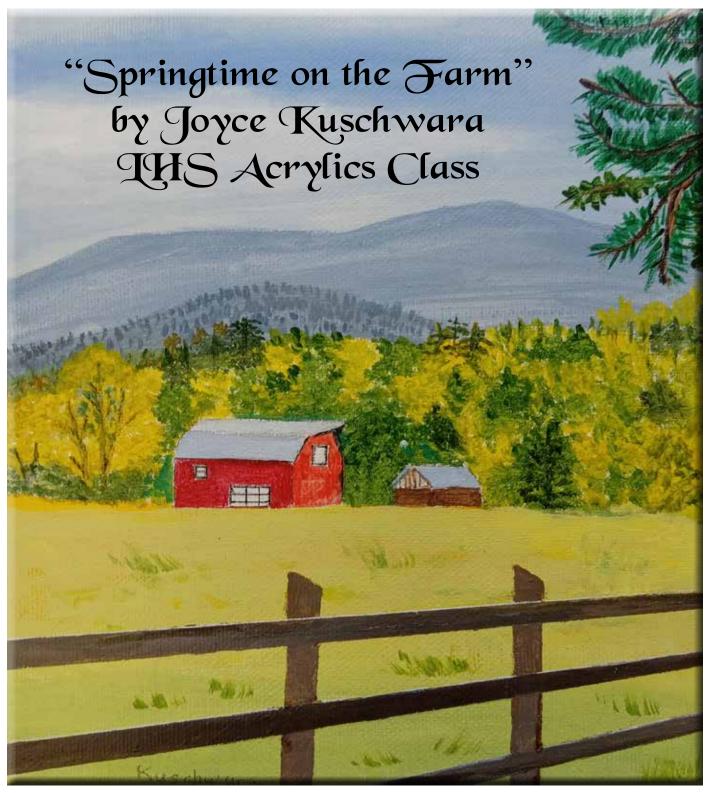
LIONS PRIDE

A Publication of Lions Head South Association, Brick NJ

VOLUME 10 NO. 4 APRIL 2024



The Lions Pride is published monthly, and is distributed gratis to homes in Lions Head South.

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Important Numbers

important mamo	
Police non-emergency	732-262-1100
Poison Control 24 hr Hotline	
Brick Chamber of Commerce	732-477-4949
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Brick Post Office	732-477-0100
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Fire Safety Inspections (non-emergency)	732-262-1220
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Ocean Medical Center	732-840-2200
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Monmouth Medical Center South	
<u>Utilities</u>	
Brick Utilities (water & sewer)	732-458-7000
NJ Natural Gas	
JCP&L	1-800-662-3115

PRESIDENT'S MESSAGE

John Cinosky

Hello all! First, many thanks to Kathleen Wright for taking the helm of the good ship LHS in February.

Unfortunately, on January 8th our governor signed into law S276, which mandates us to provide reserves as stated in our budget review in December. We are very aware of the requirements and will keep you informed as to how it affects you, the resident. So far we are in compliance.

We are moving to a new robocall provider so we should have fewer problems in the future. The pool is on or ahead of schedule. Updates will continue to follow.

Spring has sprung! I was so excited I wet my "plants". There is more daylight, so get those spring gardens going.

Our committees are well staffed and we cannot say enough good things about our VOLUNTEERS who keep us the best community around. Our Staff continues to be amazing, thank you.

Wishing all of our residents a happy Passover and a joyous Easter. God bless you all.

EDITORIAL

Linda LaFerrera

Hello Lions Head South! I'm filling in as editor for Carol Powell this month, and I know we both hope you are enjoying the spring season here at Lions Head South.

Spring is a season of renewal, and there are many activities and much beauty in our community that can renew and refresh us. Our clubs and committees are each contributing to bring beauty and/or special events to cheer us up and welcome the warmer weather. I'm also sure we are all looking forward to the opening of our brand new, state of the art pool. What a perfect place it will be to gather in friendship while we enjoy its surroundings.

Let's also take the time to renew our commitment to being kind and considerate of one another. Take a moment to check up on an elderly neighbor or make an effort to engage a new resident in conversation. The joy we share with others will always be a reflection of the joy we hold in our own hearts.

Enjoy the beautiful spring weather, and as Carol always says, stay safe and stay well.









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Answers on page 27





LIONS HEAD SOUTH ASSOCIATION, INC.

Income & Expense Statement to Date as of 02/29/2024

Income:

Total Income:	\$ 287.839.87
450.0 LHCC Revenues	\$ 27,458.78
413.0 Pride Print Rebate	\$ 250.00
412.0 Arch. Violations/Fine	\$ 150.00
411.0 Room Rental	\$ 300.00
410.0 Participation Fees	\$ 9,945.00
409.0 Deferred Income	\$ -
408.0 Miscellan	\$ -
406.0 Interest Operations	\$ 38.09
403.0 Rental Security Deposits	\$ -
402.0 Maintenance Late Fees	\$ 330.00
401.0 Maintenance Fees	\$ 249,368.00

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$	1,044.11
Total Sale	s Tax:	

Expenses:

Total Expens	ses:	192,987.39
Common Facilities	\$	23,566.07
520.0 Residences	\$	17,457.75
500.0 Administration	\$	151,963.57

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LIONS HEAD SOUTH

New Residents - 2024

Busch, Albert	59 Lauren Ln. Title Chg: Keller
Catanzarite, Dean &	_
Marasco, Suzanne	77 Yorkwood Dr.
	R/S Millard Estate
Brancaccio, Angela	4 Lions Head Blvd. S.
-	R/S Pereira Estate
Gilmour, Thomas & Joanne.	29 Tennis Ct.
	R/S Jones
Deletions	s - 2024
Deletions Keller Estate	
	59 Lauren Ln. Title Chg: Busch
Keller Estate Millard Estate	59 Lauren Ln. Title Chg: Busch77 Yorkwood Dr. R/S Catanzarite/Marasco
Keller Estate	59 Lauren Ln. Title Chg: Busch77 Yorkwood Dr. R/S Catanzarite/Marasco
Keller Estate Millard Estate Pereira Estate	59 Lauren Ln. Title Chg: Busch77 Yorkwood Dr. R/S Catanzarite/Marasco4 Lions Head Blvd. S. R/S Brancaccio
Keller Estate Millard Estate	59 Lauren Ln. Title Chg: Busch77 Yorkwood Dr. R/S Catanzarite/Marasco4 Lions Head Blvd. S. R/S Brancaccio

Deceased Resident - 2024

Deceaseu nesi	iueiii • 2024
Smith, Arthur	5 Meadowbrook Rd.
	02/10/2024
Flaccavento, Jean	15 Garland Dr.
	03/02/2024
Long, Elaine	74 Meadowbrook Rd.
	CORRECTION
	03/07/2024
Veitch, David	82 Yorkwood Dr.
	02/04/2024



NOTICE



Please be mindful of your neighbors - Dog Waste;

As per Bricktown Ordinance, Article II, Enforcement of Dogs, Section 128-15 and LHB By-Law's Section 21, Page 27; Dog Owners/Walkers are required to pick up after their pets.

* * *

Resident Copy Machine;

The clubhouse copier has been removed as it was no longer in working order. As a courtesy, the administrative office is available to make limited copies.



Architectural Regulations Revisions

Please Tear out and Place in the Lions Head South By-Laws Architectural Regulations, Page 14, XV. Exterior Storage of Trash or Supplies

Revisions to Restrictions on Common Property Uses and Exterior Storage of Trash or Supplies, Second Paragraph.

Motion approved by the Board of Trustees February 12, 2024.

PLEASE NOTE REVISION TO PAGE 14, XV. EXTERIOR STORAGE OF TRASH OR SUPPLIES TO READ AS FOLLOWS:

Lions Head South Architectural Regulations Page 14, XV. Exterior Storage Deck Box and Upright Garden/Storage Container. Replaces 2nd Paragraph.

One (1) small deck box, no larger than six (6) feet in length, thirty-six (36) inches in height and thirty-six (36) inches deep, with a top hinged lid only, may be placed behind the air conditioner on either side of the house, but not on the street side if a corner property. It may also be placed on the rear patio at the rear of the house. In addition, one (1) upright storage/garden container, measuring no larger than six (6) feet in height, three (3) feet wide and three (3) feet deep may be stored on the rear patio. A maximum of two (2) units (one of each) maybe placed on each property. The storage units may not be made of wood and must be constructed of man-made materials. It must be stand-alone and may not be attached to the house. The color must blend in with the existing color of the house. Prior approval of the size, color and location of the storage unit (s) is required by the Architectural Committee.

Revised February 12, 2024



LIONS HEAD SOUTH ASSOCIATION, INC.

2024 Fines & Fees Schedule - Approved November 6, 2023 **REVISED – APPROVED JANUARY 8, 2024**

Maintenance Fee \$165.00

Participation Fee \$1,485.00

Delinquent Maintenance Fee \$10.00

Returned Check Fee \$20.00

Entrance Clubhouse Fob \$25.00

Pool Badges \$10.00 Per Badge

Recreation Key \$3.00

Replacement By-Laws \$25.00

Architectural Violation Fines \$10.00 Per Day

Until Compliance Is Met

\$100.00 - Per Offense **Repetitive Offenders Architectural Violations**

Failure to submit an Architectural Application \$250.00

Architectural Application Denied

Work Completed \$500.00

\$100.00 Removal of Tree (s) without

Architectural Approval

\$100.00 Failure to replace removed tree (s)

within one (1) year of notification

Failure to submit RV renewal certification \$25.00 Per Day

Until Compliance is Met

Removal of Common Ground Stake

Replacement Fee \$100.00

CLUBHOUSE COMMITTEE

Michael Voto

Hello everyone. Hope all is well. The committee is working on picking colors for the two main hallways to be freshly painted. We will also have the carpets cleaned in the clubhouse, as well as steam-cleaning the bathrooms and kitchen floors.

Can't believe it's already April and spring is upon us. Hope everyone's enjoying our clubhouse. I see lately we've been having a lot of activity which makes me happy. Stay well and be safe and as always remember: It's our clubhouse and we need to appreciate and protect it as if it was our own home.

COMMUNITY AWARENESS

Deb Rodgers

Hello Lions Head South residents. So many great establishments are opening in Brick. Among them are Bagel Pit, MJ's Bar and Grill, Premier Choice Cardiology, Mr. Softee, California Cold Brew and Unscathed Cuts. Also, Charley's Cheesesteak is inside Walmart. And don't forget we now have Livoti's Old World Market, too.

The Mayor and the Council are working on the No Left Turn on Route 88 where the Popeye's is going, by the WAWA. They are also working on putting signage on Route 70 for Aldi's before you get to the entrance. It's dangerous for people slowing down to get to the entrance.

The Property Tax Reimbursements increased their maximum income to \$150K. Pharmaceutical Assistance Program (PAAD) guidelines have increased for individuals to \$52,142 and for couples \$59,209. If you have an income above this limit, the state has a Senior Gold Prescription Discount Program. Individual's income would be \$62,142 and couples would be \$69,209.

Musical Connections is an intergenerational program at the Senior Center, with Brick High School students. This program stimulates the brain and body, promotes both social interaction and music engagement, and strengthens the sense of community in a safe environment. It's held on the first and third Tuesday of each month at 1:45pm. Call to register at 732-920-8688.

That's all for now. Enjoy the rest of your month!



GARDEN CLUB

Diane Chapin Written by Carmela Ferraro

As I'm preparing this month's article, the temperature outside is 56 degrees and rising. What a week of lovely weather (although some rain is predicted). Just a few more weeks and spring will be here with all its beautiful blossoms.

The Garden Club is a group of volunteers working to beautify and enhance our community with flowers for all to enjoy. With the cooperation of the Trustees and the Building and Grounds Committee, we plant and maintain several gardens, various decorative planters and seasonal decorations at entrances. This year promises to be an unusually busy year for us. The new pool will bring new ideas for our container plantings as well as the prospect of a butterfly garden to attract pollinators. All this is in addition to our planting, watering, weeding and caring for our regular gardens. Sounds like a lot, but with many willing volunteers the work gets easily done.

The committee for the replacement of old and dead plantings along the back wall of the clubhouse has been working throughout February and March planning for this area. Hopefully, the completion of this project will coincide with the completion of the pool.

This year Arbor Day in New Jersey is celebrated on April 28th. (Some states have different dates according to the best planting times.) Arbor day is celebrated in many countries. It is a day set aside to remind us to plant a tree, care for a tree, or just climb a tree. Trees support our health and the health of our planet! They clean our air and water and provide shade, which cools our urban areas. On a personal level, trees calm us and reduce our stress levels. Trees also support wildlife and our entire ecosystem. One oak tree attracts thousands of pollinators and beneficial insects. Trees provide birds and aquatic animals with habitats. In addition, they provide humans with powerful medicine, materials for living and agriculture. Finally, trees are our biggest allies as the world climate warms.

Alfred Joyce Kilmer, born in New Brunswick, New Jersey, was an American writer and poet mainly remembered for his short poem titled "Trees", written in 1914. It has also been set to music and is very often recalled on Arbor Day. You might remember it from grammar school.

I think that I shall never see a poem lovely as a tree.

A tree whose hungry mouth is prest against the earth's sweet flowing breast;

A tree that looks at God all day, and lifts her leafy arms to pray;

Continued on page 10

GARDEN CLUB continued from page 9

A tree that may in summer wear a nest of robins in her hair;

Upon whose bosom snow has lain; Who intimately lives with rain.

Poems are made by fools like me, but only God can make a tree.

The many deer in our area, when hungry, will eat almost anything. When preparing your garden, select plants which are deer-resistant, although under poor food conditions, they will eat even these. Following are some familiar plant suggestions from Rutgers Cooperative Research and Extension. Many are perennials, so if you're successful keeping the deer away, you won't have to buy or plant next year: Ageratum, Snapdragon, Dusty Miller, Anise, Rosemary, Candytuft, Lobelia, Basil, Parsley, Salvia, Nasturtium Verbena, Nasturtium Zinnia, Mint, Common Foxglove, Daffodil, Calla Lily, Hyacinth, Tulip.

Remember, the months of May and June are the worst time for tick bites. Take precautions when working outdoors. Wear light clothing and check yourself carefully when returning indoors.

You are invited to become a part of this exciting, busy club. We meet on the second Wednesday of the month, March through November. Dates of our monthly meetings can be found in the Pride calendar. Our next meeting will be on Wednesday, April 10th, at 10:30 AM in the Lion's Den.



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LIONS HEAD COUNTRY CLUB

Robert Jani

The Lions Head Country Club is open for business and ready for play! As we transition from winter golf to our regular golf season, plans have been put into place to prepare our course for our opening on April 1st. Starters will be manning the office daily until dusk from late March through mid-October.

A new Golf Course Superintendent has been appointed and a new slate of Directors and Advisors are already working to make this a great year! Our fees and membership rates were held and there will be no increase to play this year. We have full memberships available for those 55 and older, Associate Memberships for those who can only play on the weekend, Family Memberships with unlimited play for 2 adults, a Super Senior rate for those over 85, and a Free Emeritus Membership for those Past Members age 90+.

While the Lions Head Country Club is a park-like setting, it is not a park. Dogs should not be walked or let loose on the course. One resident thought it was okay to ride a bicycle on the course. It is not okay.

As we all encourage family and friends to visit, family and friends may enjoy our daily unlimited play for a guest fee of just \$15. It is not okay to walk on the course and play a few holes without paying. As the weather warms up, we see players sneaking on the course and as a resident, if you suspect suspicious activity, please call the Brick Police Department. Our rates are inexpensive enough. There is no reason to circumvent the system.

If you would like more information about the Country Club, you may contact me or any one of our Officers or Advisors. A list of contact information will be posted on the bulletin boards.

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LIBRARY

Janet Pedersen

Greetings, LHS! The members of the LHS Library Committee and I are thrilled to see how much our fellow residents seem to be enjoying the current and varied collection of books in the clubhouse library.

In order to help you make your selections, we have been including the copyright year on the colored dots of each book. This is to let you know how recently the book was circulated and aid you in determining if you possibly have already read the book or that it might be one you haven't enjoyed as yet. Also included on these dots are the first 3 letters of the author's last name to guide you in your selection, since the books are shelved in alphabetical order by these last names.

For our new residents and those who may not have had the chance to familiarize themselves with our wonderful LHS Lending Library, I would like to take this opportunity to explain our "colored dots" system...

Books with GREEN DOTS are MYSTERIES.

Books with ORANGE DOTS are FICTION.

Books with BLUE DOTS are BIOGRAPHIES.

Books with YELLOW DOTS are NON-FICTION.

Books with WHITE DOTS are LARGE PRINT books of all TYPES.

Our Committee hopes this information is helpful, and we send our wishes for "Happy Reading" to all.

MEN'S CLUB

Michael Voto

Wow, time is flying. I can't believe Easter is past and now we are moving on to April 14th, when we will host our Elvis Show and Dinner, featuring a complete buffet from Jacques Catering. This will be a BYOB event, starting at 5:30pm. Tickets will be \$45 per person.

We also have a sign-up sheet for a Monmouth Park Race Track trip on June 22nd. Tickets will be \$70 per person, which includes parking, admission, private suite, full dinner buffet and cash bar hours from 10 to 6. Transportation will not be supplied.

We are always looking for new members, which is a \$35 charge per year, and includes a lunch at each monthly meeting and admission to the Christmas Party for the member. We also need volunteers for our Beaverson Blvd. Clean-up, as well as for all of our events. Anyone interested, please see Mike or Rich to sign up.

Hope everyone is doing well. A posting of all upcoming events will be posted on our bulletin board in the clubhouse.



LAWN MAINTENANCE SCHEDULE ~ 2024 LION'S HEAD SOUTH ASSOCIATION

PLEASE MAKE SURE YOUR SPRINKER HEADS ARE MAINTAINED AND ARE NOT LEAKING. TURFMASTER WILL NOT BE RESPONSIBLE FOR DAMAGE TO SPRINKLER HEADS.

MARCH

March 28 Edging
March ~ Fertilize w/ crabgrass pre-emergent
Dimension 10-0-0 w/.42%
Will not be responsible for stress lawns.

APRIL

April 18 Lawn Cutting
April 11 Spring Cleanup
April 29 Lawn Cutting

MAY

May 9 Lawn Cutting
May 2 Edging
May 20 Lawn Cutting
May 30 Lawn Cutting
May ~ Fertilize w/dimension 1.5% 18-0-10
Will not be responsible for stress lawns.
Broadleaf weed control.
Do Not Water. Wait 1 day after application.

June

June 10 Lawn Cutting
June 2 Edging
June 20 Lawn Cutting
June ~ Post emergent application
Dimension herbicide for crabgrass control.
Will not be responsible for stress lawns.

JULY

July 1 Lawn Cutting
July 4 Lawn Edging
July 11 Lawn Cutting
July 22 Lawn Cutting
July ~ Spot Spray Nutsedge
Do Not Water.Wait 1 Day after application.

AUGUST

August 1 Lawn Cutting
August 4 Edging
August 12 Lawn Cutting
August 22 Lawn Cutting
August ~ Fertilize 24-0-5
Water after application

SEPTEMBER

September 2 Lawn Cutting
September 5 Edging
September 19 Lawn Cutting
September ~ Broad Leaf weed control
Do Not Water. Wait 1 day after application.

October

October 10 Lawn Cutting
October 24 Lawn Cutting
October ~ Fertilize 30-0-10 50%
Water after application.

November

November 14 Lawn Cutting
November 25 Lawn Cutting
Broad Leaf weed control
Do Not Water. Wait 1 day after application
Fall cleanup & Line Application 1X

ALL DATES ARE TENTATIVE AND SUBJECT TO CHANGE.
CURBLINE WEED SPRAYING WILL BE ONCE PER MONTH OR AS NEEDED.

LIONS HEAD SOUTH ASSOCIATION, INC.

2024 PAINTING SCHEDULE - BY STREET TOTAL # OF HOMES: 156

Abbey Road Total # 25

1, 3, 4, 6, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 26, 28, 30, 32

Ashford Drive Total # 20

2, 4, 6, 8, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40

Carter Way Total # 24

2, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 19, 21, 23, 24, 25, 27, 29, 30, 31

Yorkwood Drive Total # 87

1, 3, 5,6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 17, 19, 21, 22, 23, 25, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 39, 45, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 85, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104

This is the list of homes to be painted in 2024 beginning in April (weather permitting).

Each resident will be responsible for making sure his or her home will be painted following instructions and requirements.

All wood must be painted white.

It will be the responsibility of the homeowner to have someone present when exterior painting is done to their home.

Please confirm work has been completed as required prior to signing the completed work form. Once the homeowner has signed the completed form, the painter is not obligated to come back.

Thank you for your cooperation.

Buildings & Grounds Committee

					jongg	1:00 Mah				Ticket Sales	9:30-11:00			MONDAY	APRIL 2
GARBAGE		jongg	1:00 cards/Mah	Needlework	Knitting &	1:00 Crochet,		Watercolor class	9:30-11:30					TUESDAY	024 CALENDAR E
RECYCLE 4/10 & 4/24	7:00 Rummy Cube	Shuffleboard- starts 4/17	6:00 Outdoor					jongg	1 & 7 cards/Mah	Paint Class	9:30-11:30 Acrylic	4/24	9:00 WGA - starts	WEDNESDAY	APRIL 2024 CALENDAR EACH WEEK DAY OF T
					jongg	1 & 7 cards/Mah		Shuffleboard	1:00 Men's Indoor	Yoga	11:00 Chair/Mat	League -starts 4/25	9:00 Men's Golf	THURSDAY	OF THE MONTH AS LISTED
				Needlework	Knitting &	1:00 Crochet,	Shuffleboard	Indoor	1:00 Women;s				9:00 Bowling	FRIDAY	S LISTED

AT: 732-349-0444 Leave a MSG on the machine. LAWN COMPLAINTS: Call TURFMASTERS

April 8th at 7:00 pm. Refreshments served. RESIDENT'S ASSCIATION MEETING –

Guest Speaker: Officer Finelli

28	21 2:00 PM MOVIE MATINEE	5:30 PM Men's Club - Dinner & Elvis Show
29	9:00 AM Bd of Trustees- Std Comm 7:00 PM Meeting w/New Members since 10/23	10:00 AM Website 7:00 PM LHCC Meeting
30	23 3:30 PM Social 6:30 PM Book-a-holics	9:00 AM Finance & Ins 11:00 AM Welcoming
S M 3 4 10 11 17 18 31 25	9:00 AM Men's Club Exec Bd 11:00 AM WGA Tee Off Luncheon 12:00 PM Book Discussion Luncheon RECYCLE	10:00 AM Security 12:00 PM Women's Club
Mar 2024 T W T F S 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	25	10:00 AM Lions Pride Review
May 2024 S M T W T 1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	26	
F S 3 4 10 11 17 18 24 25	27	

April 2024

Monthly Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	I	2	3	4	5	6
	10:30 AM Buildings & Grnds	9:00 AM Architectural	11:00 AM WGA Meeting			
			11:30 AM Men's Club			
		GARBAGE				
7	∞.	9	10	11	12	13
2:00 PM MOVIE MATINEE	9:00 AM Bd of Trustees Mtg	10:00 AM Women's Club Exec Bd	10:00 AM Community Awareness	9:30 AM Travel 10:15 AM		
	7:00 PM Resident's Assoc Mtg	4:00 PM Recreation	10:30 AM Garden Club	Combined Activities		
			1:00 PM Clubhouse			
	A A	GARBAGE	RECYCLE			
14	15	16	17	18	19	20

SPRINKLER COMPLAINTS: Fill form out located outside the C/H and place in complaint box. Problems will be investigated within 24-48 hours. Federal Irrigation: 732-349-9905. After hour emergencies ONLY: Tom Behrens 718-757-4429

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a DEATH call Rose Szpara – 732-920-7898 or to report an ILLNESS/HOSPITALIZATION call: Joyce Speziale – 732-701-3260. Please do not call the office.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686 between 9am & 11 am.

ADMINISTRATION ACTIVITY OFFICE: Hours: 8:00 - 1:30 p.m.

Administration Office Phone: 732-920-9099

APRIL

WORD SEARCH

a X a g d b u n S e e k 1 h a t a a 0 S f d h u m e 0 u 0 e 0 f i f b h Z u m a n C k a 0 y d d h b g r u n j b a e e e 0 ٧ d p g 0 u a m a 0 k e e a S t e r Χ a m u a S e 0 0 p t b t t ٧ 0 u u n 0 d d S C u n e r g a e S S u e p a 0 V r u h e y S 0 W e r S d f b d a t a e r u n b q V m S a 0 0 g p



WORDS

showers underground daffodil tulip bloom taurus diamond earth easter passover fool



CROSSWORD PUZZLE

1	2	3		4	5	6			7	8	9	10	11	12
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57	Г		Г		58			59		60			61	62
63				64				65	66					
67								68						
69								70				71		

	<u>Across</u>
1	Truckers' radio sets
4	Some coins (Abbr.)
7	Chew out
13	Difficult position
15	Singer Patti
16	Place in order
17	Enclosed territory
18	Approaches
19	Stop!
21	French part of U S?
22	Christian, couturier
24	Stock market measures
26	Advanced in years
28	Turn over
30	Deed
31	Medium for Old Masters
33	Lofty
35	Tales
39	Chirrup
40	Implant
42	High time
43	A lazy one just goes round and round
45	Verdi's Ethiopian princess
46	Dorothy's dog
47	Fleece
49	Statutes

Part of concluding question in "To Tell the Truth"

PUZ.	ZLE
57	Cong
58	"Della and the Dealer" singer Axton
60	Adores
63	Energize
65	The world of scholars
67	Sinatra's record label
68	Arcadian
69	Concur
70	Perceive
71	Explosive used as a measure for others
	Down
1	Martial arts actor Jackie
2	Drill
3	Spans
4	Expurgator
5	Label
6	Mulligan, for example
7	Northern neighbor
8	Disney TV network
9	Unwilling
10	Shave
11	Tupelo "King"
12	Course launch pads?
14	Hindu dress
15	"Trinity" author Uris
20	Bumpkin
23	Repetitive practice
25	Very cold
26	Oh dear!
27	Place
29	Tibetan priest
32	Middle-age spread
34	Seduced by a swan
36	He started the Teddy Bear story
37	bene: pay attention
38	Coke
41	"Delta", Tanya Tucker hit
44	And not
48	Bidding
50	Comfort
52	Prongs
53	Facilitates
54	Top-of-the-line
56	Extinct Mauritian native
57	N Y C fashionista Wang
59	Checks
61	The "New World" symphony was written
	in this (Abbr.)
62	Religious faction
64	French wine
66	Ci am al

66

Signal

Network junction

51 52

55

THE RECIPE BOX

Sue Auer

"April 2024: You don't need a RECIPE!"

The entry this month is offered from a 2019 New York Times INSERT by Sam Sifton ... food editor and NYT founding editor of NYT Cooking! The instructions are designed to help home cooks of every level to discover, save and organize some of world's BEST RECIPES!

Below are SEAFOOD dishes WHAT BETTER TIME OF THE YEAR TO TRY FRESH SEAFOOD? ROASTED FISH

Buy a few fillets of white-fleshed fish, like fluke or flounder. Place a sheet pan in a 425 degree oven and let it get hot. In a small bowl make a sauce with a few table-spoons of soy sauce, sherry and a heaping tablespoon of grated ginger, adding thinly sliced scallions to the mixture. Then add minced garlic, chile oil or sesame oil. Salt & pepper the fish. Pull out the hot sheet pan, coat with neutral oil, place fish on the pan and CAREFULLY ROAST for a minute. Pull out, then paint the fillets with sauce and cook for another minute or two until the fish is just cooked through. Serve with rice and greens!

STEAMED MUSSELS

Simple ... Buy a bag of mussels ... Scrub and de-beard, if necessary. In a large pot saute some cubed chorizo (or hot sausage) in EVOO over medium heat. When the sausage starts to crisp, add a few handfuls of halved cherry tomatoes and several cloves of smashed garlic. When the tomato skins split, add the mussels and a glass of white wine. COVER and allow mussels to steam open. (If any mussels didn't open, pull out an ditch them.) Garnish with chopped fresh parsley and serve with toasted Italian bread!

Hopefully everyone will enjoy this Recipe Box! If anyone has developed their OWN recipes WITHOUT a RECIPE, I would love to post them in future issues. It's a FUN & EXCITING experience to work the kitchen with a creative, short and easy approach to dinner! Send recipes and ideas to sauer1948@hotmail.com!

Wishing everyone a HEALTHY, HAPPY & SAFE spring season!

SECURITY COMMITTEE

Maryellen Klotz

Happy spring! Enjoy the weather as it warms up, and just a few words of wisdom to enjoy the season while staying safe and secure. Don't trust your caller ID! Sadly, there is a new way to scam people via the telephone. Scammers can make ANY name or number show up on your caller ID. That's called spoofing. So even if your caller ID shows it's a government agency like the Social Security Administration calling, matches the Customer Service number on the back of your credit card or is your bank, BEWARE! First of all, Social Security will NEVER, EVER call you! HANG UP THE PHONE! You can then call your credit card company or bank directly (or whatever name comes up on caller ID) to verify your account is intact. Once you give personal information out and your accounts are hacked or emptied, there is very little recourse, so be cautious!

Reach out to your neighbors! We live in a marvelous community of active residents. However, some live alone and far away from family. It would be wonderful if people could reach out and check on our neighbors occasionally, even if it is just to say hello. According to Steve Cole, PhD, director of Social Genomic Care Lab at the University of California, the research is clear on how loneliness impacts not only our mental health but our physical health as well. "Loneliness acts as a fertilizer for other diseases," Dr. Cole said. "The biology of loneliness can accelerate the buildup of plaque in arteries, help cancer cells grow and spread, and promote inflammation in the brain leading to Alzheimer's disease. Loneliness promotes several different types of wear and tear on the body." Perhaps just having your neighbor open their shades in the morning or the front door to give you a signal that they are okay is an easy way to reach out. Even a five minute phone call to chat about the weather would go a long way in helping people feel connected. It will make you feel better too!

As always, IF YOU SEE SOMETHING, SAY SOMETHING. The non-emergency number is 732-262-1100. STAY SAFE!





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The FIXIT Program performs minor home repairs and seasonal chores for seniors aged 60 or older in Ocean County. Provides minor carpentry, plumbing and electrical repairs for seniors and/or their caregivers. As well as specializing in safety rail/grab bar installations. Clients are responsible for the cost of the materials, but the repairs/installations are done for free.

Services are available to any senior, ages 60 or older, and/or their caregivers. The agency prioritizes the work based on those most in need.

Clients are responsible for the cost of materials, but there is no charge for the labor of our volunteers. If so inclined, the clients are encouraged to donate to the program to support our efforts in providing this service to the community.

TYPES OF PROJECTS FIX IT VOLUNTEERS TAKE ON

- > Install grab bars and safety handrails.
- Repair minor electrical problems (such as faulty light switches)
- > Do minor carpentry repairs.
- Do minor plumbing (such as leaky faucets and running toilets)
- Change storm windows and doors.
- Weather stripping and caulking
- > Replace batteries in smoke detectors and carbon monoxide detectors.
- Change light bulbs.
- > Change furnace filters and air conditioner filters.
- > Install curtain and drapery hardware.
- > Fix small appliances.
- Perform seasonal outside jobs (based upon volunteer availability)

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SOCIAL COMMITTEE

Lee Bruzaitis

As I am writing this on March 1st, our Trivia Challenge has not yet occurred, but ticket sales are going well. We're hoping to get some different people out for this fun afternoon event. In February, our International Potluck Dinner was a huge success, with an incredible amount of delicious food and a great group of friends and neighbors enjoying the evening. Thank you to everyone for your amazing food contributions and to my social committee members for all their hard work.

Our next event is our Cinco de Mayo Fiesta on Saturday, May 4 from 6-10PM. We will have a full taco bar with beef, chicken, beans, rice and toppings, chips and salsa, dessert, and coffee/tea for \$25 per person. We will also have a frozen margarita machine and margarita mix available for you to bring your own tequila and enjoy a frozen treat. DJ Dominic Longo will provide a mix of music for your listening and dancing pleasure. It's sure to be a great evening and a popular event, so get your tickets early! Tickets will be sold on Monday mornings from 9:30-11AM in the clubhouse on the following dates: April 8, 15, 22, 29. As always, if you can't make the ticket sales please email me at leebruzaitis@gmail.com. We don't want you to miss out because you can't get there during the day!

If you have never attended one of our social events, we encourage you to come out and join us! Don't worry if you don't have anyone to sit with, we will add you to a table so you can meet new friends and enjoy the event. Everyone is very friendly and will make you feel welcome. Also, I have heard some of the single ladies say they feel uncomfortable going to an event with dancing because they don't have a partner. Not to worry! There is plenty of opportunity to get up and freestyle or join a line dance with the other ladies. Honestly, the men don't dance much, unless it's a slow dance, and the dance floor is usually full of ladies dancing solo.

Check out our web page at <u>www.lionsheadso.com/</u> <u>social</u> for more information and photos of past events.

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WOMEN'S CLUB

Deb Rodgers

Hello everyone. Our Bingo event was held in March and all had a great time. Thank you to Marie Castellano, Linda Parlock and both of their crews for a great event. Our next Bingo event will be Bagels and Bingo in August. Be on the lookout for additional information.

Come on out to our April 17th meeting. We will be playing a new game. Bring a friend, meet previous acquaintances or make some new friends. If this will be your first meeting with us, it will be free. If you decide to join our group, dues are \$30 for the year.

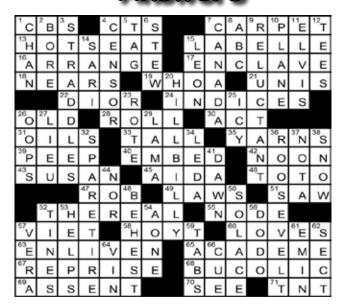
Until next month, happy socializing!!





sndhko Answ

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5	7	3	1	8	9	6	4	2
6	8	2	7	4	5	9	1	3
8	3	9	2	5	7	1	6	4
4	1	6	8	9	3	2	5	7
2	5	7	4	6	1	3	8	9
9	2	5	6	7	8	4	3	1
7	6	1	9	3	4	5	2	8
3	4	8	5	1	2	7	9	6



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