

LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



VOLUME 8 NO. 8

AUGUST 2022



“Peaceful, Calm and Serene”

by Ken Schwarz

LHS Watercolor Class



The Lions Pride is published monthly, and is distributed gratis to homes in Lions Head South.

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PRESIDENT'S MESSAGE

Barbara Skelly

Well, the “dog days of summer” have found us! The pool has been busy. There are lots of new faces testing out the new pool furniture and joining us for Wednesday Game Nights. The Recreation Committee is keeping the activities going. Certainly, do not forget DJ Louie, the last Sunday of the month. Summer will be over much too soon, so enjoy it while you can.

This past month, the Trustees were pleased to acknowledge a long-term employee. Did you know Karen Ucci has been with the LHS Administrative Office for twenty years? That is longer than many of the residents who live here. Karen is the person who takes care of the monthly maintenance checks, maintains the monthly calendar for all the activities and supports the staff in making things happen for the Community. If we ever have a question concerning LHS history, Karen usually has the answer. She was extremely helpful with her knowledge of past events for the planning of the 40th Anniversary Party. In a way, she is our on-site historian. She knows so many of the residents; there are times I hear the office staff asking - Who was that? - and of course Karen knows! I am certain that Karen has seen many things over the years, and I know she has a “thousand” stories to tell. In her spare time, Karen loves playing with her dogs and enjoys RV camping during her vacations, so if by chance she is not in the office, she is doing one of these things. Next time you are in the Clubhouse, stop by and say hello and congratulate her on this accomplishment. She has been a pleasure to work with, and speaking for the Trustees, we look forward to her being a part of the staff for as long as she wants!

During the past couple of months, the Trustees have been dealing with a problem that was identified by the Brick Township Engineering Department. We were presented with maps from Google Earth that showed the slow decline of trees on the properties between Ashwood Drive and Yorkwood Drive. In 2004, this area was densely populated with trees. Slowly, the maps showed less and less trees in

the area. Since Brick Township has ordinances that forbid the removal of trees without a permit, they questioned how this decline happened. When we investigated, we found instances of Architectural requests for the removal of trees, but our Community did not require the replacement of trees. Unfortunately, this has also led to water issues on some of the properties on Ashwood Drive. To rectify this situation the Trustees have notified some of the residents on these two streets that trees will be replaced. This will require the replacement of 33 trees in total. We are hoping that these plantings will be completed this fall.

Both the Trustees and the Architectural Committee will continue to review properties throughout the Community that are without trees. Brick Township has an approved list of trees that we have included in our LHS tree replacement program. This list can be found on our website or on an LHS Tree Application. Not all the trees on the Township list are on ours because of the type planting areas that we have. With the help of the Township, we have included those trees best suited to our soil.

In some instances, where we know trees have been removed and have not been replaced, we will be notifying residents of the requirement of tree replacement from the approved list. And no, arborvitae is NOT an approved tree! NEITHER is a crepe myrtle tree! If you have questions concerning tree replacement, please contact the LHS office or the Architectural Committee. Brick Township will not allow the removal of a live tree. Compliance with both the Township and LHS Architectural requirements will prevent the levying of hefty fines.

And so it goes. The Trustees will continue to look toward the future so that this Community will be prepared for the next 40 years. Please have a wonderful and safe summer. Enjoy the pool. Enjoy the Golf Course. And of course, enjoy the Community!

EDITORIAL

Carol Powell

Summer is halfway over already! Hard to believe, it goes so fast! Hope all of you were able to enjoy a 4th of July celebration with family and friends. We have a 4th of July baby in our family so it is a double duty day for us.

We hope that the Lions Pride continues to be a source of information for you about our community and the events that occur here every month. Without the many contributors we would have a paper full of ads and blank pages. So let me take a moment to thank the Committee Chairs who take time out of their busy schedules to submit an update about their groups and the Club Chairs who do the same each month. Then there's Sue who provides the recipes and often researches background for each to make for interesting reading and encouragement to try something new. Yes, Sue, I do read your “blurbs”. And Maryellen, who has been interviewing our “original” residents; we sincerely hope she will continue. It's nice to learn a little about our neighbors. I'm certain I am missing something or someone, but I think you get the point. We welcome all input and look forward to continuing to be a source of both information and pleasure to our readers so please feel free to contact us with any suggestions.

As always, stay safe, and most important, stay well!

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LIONS HEAD SOUTH ASSOCIATION, INC.

**Income & Expense Statement
to Date as of 06/30/22**

Income:

401.0 Maintenance Fees	\$	535,165.00
401.5 Rental Income	\$	-
402.0 Maintenance Late Fees	\$	370.00
403.0 Rental Security Deposits	\$	0.08
406.0 Interest Operations	\$	460.53
408.0 Miscellaneous	\$	450.00
410.0 Participation Fees	\$	25,735.00
450.0 LHCC Revenues	\$	53,624.59
Total Income:	\$	615,805.20

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$	2,440.74
Total Sales Tax:	\$	2,440.74

Expenses:

500.0 Administration	\$	219,290.78
520.0 Residences	\$	213,744.47
540.0 Common Facilities	\$	125,258.35
Total Expenses:	\$	558,293.60

Total Income Over Expenses: \$ 57,511.60

Balance at Month End: \$ 57,511.60

**LIONS HEAD SOUTH
New Residents - 2022**

Marano, James & Joan.....117 Lions Head Blvd. S.
Giuliano Rental
Zanardelli, Franco.....68 Lauren Ln.
R/S Mills Estate
Palmer, Joseph A.....31 Lauren Ln.
R/S Lobdell

Deletions - 2022

Lewis, robert & Gisela.....117 Lions Head Blvd. S.
Renters
Mills Estate.....68 Lauren Lane
R/S Zanardelli
Capozzi, Ann.....31 Lauren Lane
Renter

Deceased Residents - 2022

Flora, Kathy.....4 Abbey Rd.
8/23/2021
Kraft, Edward.....28 Ashford Dr.
5/27/2022
Halm, Brian.....134 Lions Head Blvd.
6/14/2022
McCarthy, Margaret.....145 Lions Head Blvd. S.
6/16/2022
Kennedy, Eileen.....30 Ashford Dr.
5/05/2022
Katz, Floyd.....22 Meadowbrook R.
11/2022



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LHS MEN'S CLUB

Don Antonelli

Hello everyone. We recently lost Brian Halm. It was sudden and a shock to all of us. Brian was what I often said was the glue to the Men's Club. He was the Treasurer, but he was much more. Brian's meticulous attention to detail held everything together. He implemented Bingo and Bagels and was the manager of a Night at the Races, a community favorite event. He was also an asset to the community.

As Treasurer, every penny was accounted for. As President, I have the books now until we find a replacement. Everything is so easy to read. So, the Men's Club will press on. He would have wanted that.



The Men's Club sends our collective condolences to his wife, Mardell, his sons and extended family. Rest in peace, my friend.



On June 15, 2022, a team from the Men's Club did a clean-up of Beaverson Blvd. Thanks to all.

Pictured are left to right are Ken Rott, Phil Decarlo, Rich Symanski and Ed Bishoff. Picture taken by mission leader Jim Mort. Thanks again.

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RECREATION

Marcene Talty

Happy Summer! Looking forward to warm days ahead and all the great facilities our community has to offer. We have had some great pool days and I am looking forward to our next DJ at the pool with lunch on August 28th. We are planning a Hawaiian themed event. We will do a robocall for details soon.

Pickle ball is still available for non-league play and will continue into the fall. Game night on Wednesdays has been so much fun. Please join us every Wednesday, 7 to 9pm. The pool will close on September 18th barring any unforeseen events. This will be our last DJ at the pool as well. Please see the website for more information.

TRAVEL COMMITTEE

Dee Kropiewnicki

I would like to thank everyone for making the River Lady cruise a huge success. We will be going to Resorts on July 28th to see the Drifters, and we are all looking forward to it.

For September 30th, there is a sign-up sheet for a trip to Resorts Casino. The cost is \$30 with \$18 slot play. On December 6th, we will be having a trip to the Surfflight Theatre, cost will be \$60 and it will include the show White Christmas and a luncheon. I will look to see what the cost will be if we would like to add transportation.

I am working with AAA for a cruise to Italy and Greece in the spring or fall of 2023, checking availability and cost at this time. Will keep you posted when I have more information.

Thank you for your support!

ARCHITECTURAL COMMITTEE

Stephen Scaturro

Submitting Applications

Reminder to all homeowners in Lions Heads South. All work needing to be performed outside the home must have an application submitted to the Architectural Committee for approval BEFORE work begins. Any work started without an approved application will be considered "not approved" and fines will be assessed according to the Rules and Regulations. Moreover, if the work is not in compliance with the Architectural Regulations the homeowner will be required to remove it.



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GARDEN CLUB

Carmela Ferraro

"The brilliant poppy flaunts her head
Amidst the ripening grain,
And adds her voice to sell the song
That August's here again."

—Helen Winslow

How we wish that the warmth of August could be stored in bottles to be poured out on the cooler temperatures to come later in the year! Still, there are many ways to appreciate the last of summer. We can enjoy outdoor activities with our children and grandchildren, take early morning or late evening walks, enjoy barbecues with family and friends and have a cold ice cream treat at the end of the day.

It's been a nice season as far as our spring and summer plantings go. We hope you have enjoyed our efforts in keeping Lions Head South bright and cheerful with lovely, colorful flowers. Soon, as summer flowers wane, we will be changing our gardens to the beautiful colors of Autumn flowers.

In June, I wrote of the peril of the pollinators, mainly the bees. Hopefully, many of us have taken note and planted flowers to attract and support them. Did you know the Monarch butterfly is also an important pollinator and since the beginning of the 2000's their population has diminished by 80%? Without intervention they are at risk of going extinct.

It has an intricate life cycle that takes place each year and goes through four generations. Each generation has four distinct life stages: egg, larva, pupa, and adult. The pupa stage is where metamorphosis takes place and what started as a caterpillar (larva) emerges as a beautiful butterfly.

Did you know there are two women in our community who have taken the protection of the Monarch very seriously? Sisters Linda and Carol Karaffa have been "raising" Monarchs for about four years. After being introduced to the idea of protecting our near extinction butterflies, the sisters pursued the idea further.

They began by buying a common milkweed plant. The milkweed is the only plant on which the Monarch lays her eggs on the underside of the leaves as a very tiny white spot. It also is the food which nourishes her throughout its life stages.

Continued on page 11

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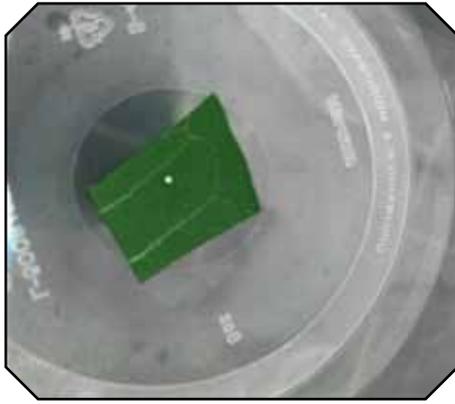
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Egg stage on milkweed leaf

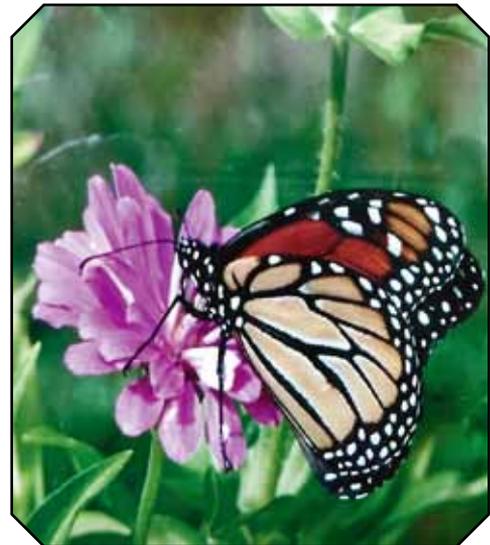


Larva stage on milkweed leaf

After spotting the eggs, they remove the leaves with eggs to a container until the caterpillars appear. They then move them to a butterfly cage where they eat voraciously and grow. As they grow larger, they move to the top of the cage – an indicator they are ready to form a chrysalis. Inside the chrysalis (cocoon) is where metamorphosis occurs and a butterfly emerges. This process can take from 5 to 21 days, which may vary with different species.



Hatched butterfly drying wings



Mature Monarch butterfly

It was my good fortune to meet with them on the day a butterfly hatched from its chrysalis. We watched as it gently spread its wings to dry. Eventually it moved from the chrysalis and was able to fly. Carol gently removed the butterfly and we proceeded to their front garden where she gently transferred the butterfly to me and allowed me the privilege of releasing it.

Linda and Carol are setting a great example of how each of us can help save our pollinators. They will happily provide you a milkweed plant and offer any information to help you begin. You may not want to be as involved as they are, but you can plant the milkweed and allow nature to do its thing.

AUGUST GARDENING HINT

- It's time to divide Irises. With a knife, separate rhizomes, check for any borers (destroy them) and discard any soft or rotten rhizomes. Each rhizome division should have one leaf fan. Cut foliage back to 4-6 inches. Replant divisions 12-18 inches apart, with rhizome tops barely showing above the soil surface.
- Asters are a popular choice for late summer and fall color. There are several varieties—tall and short and many colors. They attract bees and butterflies and are deer resistant.
- Late August and September is the time for separating and transplanting peonies. They like acidic soil.
- It is a good time for final fertilizing of all plants.
- Check for gypsy moth egg masses on trees and shrubs. Remove and destroy.

Our meetings are held on the second Wednesday of the month at 10:30 AM in the Lion's Den. Our next meeting is August 10. Won't you give us a try and join us?

COUNTRY CLUB

Jim Mort

As a tribute to Brian Halm, our annual golf tournament will be renamed as the Brian Halm Annual Golf Tournament. Over the years Brian has been instrumental in this tournament and was the driving force in making it not only successful but one of the better outings in the area. The following was posted to the General Membership Meeting minutes, June 20, 2022: "Brian was the LHCC President for four years, set-up and Co-Chaired the Annual Tournament, ran the Men's Golf League, chaired the Free Golf Clinic, was the Men's Club Treasurer and Chef and generally assisted anyone that needed administrative and/or financial assistance throughout the LHS community. He is greatly missed, and we were so very fortunate over these many years to have him as part of our community." Our heartfelt condolences to his wife, Mardell, and all of their family and friends.

The July 12th Scramble results have been posted to the LHS Website and the LHCC bulletin board. The next scramble is scheduled for August 9th. Shorrock Gardens continues to provide a continental breakfast as well as sandwiches after the scramble. The cost to participate is \$10.00, all of which is returned to the players in the form of prizes. These activities are put together for our members on a monthly basis. They are there for your enjoyment, so sign-up and participate.

The **LHCC Raffles, 20/20 and Free Membership** are ongoing and it is not too late to participate. Drawings for the 20/20 raffle are held each Thursday and a total of \$100.00 is awarded each week to the winners. The weekly drawings continue through October 6th and then on Monday, October 10th, the final drawing will be held, with a total of 5 winners splitting \$1,050.00. The **Free Membership Raffle** is drawn December 5th and the winner receives a one-year membership to the LHCC. Tickets for either can be purchased any day of the week at the LHCC Clubhouse.

The next **General Membership Meeting** is scheduled for Monday, August 15th at 7:00PM in the Lions Den. The attendance has been less than stellar and continues a trend of many years in declining membership and participation. It may be time to review the need of holding formal hands-on meetings to get information out and ideas to the Board of Directors. Something to think about.

The next major event is the **Magic and Comedy Show**, which is scheduled for Saturday, August 20th in the Lions Den. We wanted more than a one hour show and decided

to go with a combined magic and comedy act that would be a night out, entertain us, hopefully amaze us, provide some interaction and most of all provide a lot of laughter. Ran'D Shine, the magician, has performed for LHS in the past and puts on a great show. He will be assisted by Vernon Keith Ruffin Jr, the comedian and host of the show. The approximately two hour show will start at 7:00PM, BYOB, cost \$30.00 per person. Additional information is on the Show Flyer that is in this Pride issue.

Fun Day is scheduled for Saturday, September 17th for all Members of the LHCC, WGA and their guests. This is a fun packed day with games, prizes and a cook-out. Additional information is on the Fun Day Flyer which is in this issue of the Pride.

The last and for the LHCC the biggest event of the year is the **Brian Halm Annual Golf Tournament**, scheduled for Saturday, September 24th, co-chaired by Jay Wiss and Jim Mort. The tournament is the highlight of a very busy year and the time and effort of all of the volunteers putting it together is greatly appreciated. A save the date flyer is in this issue of the Pride. Registration for the tournament will start on August 1st. To ensure you get the desired flight it is highly recommended that you submit your registration as early as possible. Residents of LHS and LHN will have from August 1st to the 15th to register. After August 15th registration will be first come first served. Flight times will be 8:00AM, 10:00AM and Noon. Register early.

Our **Sponsor Program** for the year has raised approximately \$6,000.00. We are always looking for additional Sponsors and anyone knowing of a potential sponsor, please contact Joe Barrow. The current listing of participating vendors is posted to the LHS Website and the LHCC bulletin board. Joe continues to do a great job with the Sponsor Program and all of his efforts are greatly appreciated.

The WGA has continued its support of the LHCC by providing a new outside clock, 19th Hole Flags and supporting the flower program which is run by Pat Whyte. We have beautiful flowers throughout the golf course, which are maintained and protected by Pat. Our appreciation to the WGA and Pat's diligent attention to the beauty of the golf course.

The Starter Program, implemented last year, continues to be of great benefit in the operation and control of the LHCC. The volunteers put in two weeks of duty at the clubhouse monitoring play, sales, information and in general being the spokesperson for the LHCC. They have provided up to date information for potential members,

Continued on page 13

COUNTRY CLUB continued from page 12

guidance for non-residents and in general promoting our course and enhancing our capability to increase our membership. Without a doubt their work has produced great results for the time and effort they have put in. We thank you so very much for stepping forward and making a success of this program.

The July 12th Board of Directors meeting minutes are posted to the LHS Website and the LHCC bulletin board. The next Board meeting is scheduled for August 9th after the Scramble.

Our first test of the Camera Security Surveillance System is currently underway. During the later part of June one of our golf carts was taken and not returned, several days later the lost cart was found twisted and bent out of any usable shape. We have every intent to track down this malicious destruction of our property and will thoroughly screen the records of the security system to make every attempt to identify the responsible person or persons. To be continued. Tom Nevins took the twisted golf cart home and in fact repaired it to a state that is can be used. Thank you, Tom, appreciate your work on the cart.

With the loss of Brian Halm we have many areas that needed immediate action to ensure the continuation of several programs. Dennis Raftery has taken over the Men's Golf League and everything is up and running. Marcene Talty set-up, printed and sent the required copies of flyers for current and future events to the Pride and Website. Pat Whyte found the required stock paper to print our 3/10 Play Cards as well as our Sponsor Program, Gold, Bronze and Silver cards and should be able to provide these cards, as required. The work of Dennis, Marcene and Pat is greatly appreciated and they have greatly assisted us in getting through a tough situation.

SOCIAL COMMITTEE

Roberta Marvel

I hope to hear that all our residents are safe and well and enjoying these beautiful summer months. We will be sure to give you all the fun details about the "Bob Scott" Game Show event that was held in July in the next LHS Pride magazine.

Be sure to mark your calendars for our next Social Committee event, the LHS "Dinner Night Club," on Saturday, October 22nd at the Clubhouse. Be prepared to be entertained for over 3 hours by the very talented, Keith "King" Gibson, who will be singing many of your favorite songs by Sinatra, Tom Jones, Dean Martin, Dion, and many others. Keith, who is well known as an Elvis Presley impersonator, will also be doing a one-hour show dedicated to Elvis Presley, where he will be in full Elvis costume.

Tickets for this event will include the show and a full international buffet dinner catered by the one and only Jacques Catering. More details will follow in the upcoming LHS Pride magazine, LHS website, and LHS robocalls.

Be sure to check out the LHS website, lionsheadso.com, to get the most up to date information on all committee events.

Our goal is to offer as many fun and enjoyable events for everyone to keep LHS socializing, making new friends, and most of all, keeping our development an active-adult community.

Be safe and enjoy the rest of the summer!

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SECURITY COMMITTEE

Maryellen Klotz

The dog days of summer are upon us and we'd like to remind our residents of several important safety and security issues.

With residents hosting family members it is important to remind them they need to adhere to the rules and regulations as guests of LHS. This is especially crucial as it relates to using our recreational facilities (Fitness Room is for RESIDENTS ONLY) golf course, visiting our clubhouse, as well as abiding by parking rules and speed limits. See Rules and Regulations for additional information and details.

Biking in our community has increased in popularity and with it comes an added responsibility of practicing safe riding practices. The State of NJ has a link for all the rules for safe bike riding but most important is that "all bicyclists must obey all state and local automobile driving laws". This includes staying to the right as much as possible and if riding at night, lights on the front and rear of the bike (that can be seen from a distance of 600 feet) as well as an audible device (bell) are required by law. Also, if you

have visiting grandchildren, a helmet is required for those age 16 and under.

We will be adding more monitoring cameras to the common areas in our community as an added safety measure. They will be installed shortly and will be another layer of protection for our residents.

A reminder to pet owners that it is in our Bylaws to CURB your pet. They should not be on any lawn (other than your own) or on any green, common areas or on the golf course. They must be kept on a leash no more than 6 feet in length and feces need to be removed and disposed of properly.

Additionally, included in this month's Pride is a form that can be completed by any resident (it's online as well with Brick Municipal website) to be placed on a "Do Not Knock" registry. Once you complete the form it must be brought to the borough clerk's office and for the fee of \$1 you will receive a sticker to be placed on your door that will alert vendors you do not wish to be solicited for any goods or services. HOWEVER, it does not apply to any non-profit businesses (charities), religious groups or political organizations. This registry is updated twice a year and is given to vendors that apply for a license to solicit door to door.

Let's enjoy the rest of our summer and as always, please keep your eyes open and if you see something that seems suspicious or out of the ordinary - call the Brick non-emergency number 732-262-1100.

CLUBHOUSE

Rose Saputo

August is here already!! With the temperatures rising, we notice that many of you have been enjoying cooling off in the pool and socializing with friends. Don't forget the sunscreen!

Please watch for information regarding upcoming events that have been planned by the various committees here in our community. You can certainly have fun! fun! fun! Don't miss out.

Our Clubhouse Committee's prayer for LHS: "May God Bless each and every one of you and keep you healthy and safe".

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AUGUST 2022 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:00 Water Aerobics		9:30 Pickleball	
9:30-11:00 Ticket Sales	9:30 Pickleball	9:30-11:30 Acrylic Paint Class	11:00 Chair/Mat Yoga	
	9:30-11:30 Watercolor class	1 & 7 cards/Mah jongg	1:00 Men's Indoor Shuffleboard	1:00 Women's Indoor Shuffleboard
1:00 Mah jongg	1:00 Crochet, Knitting & Needlework		1 & 7 cards/Mah jongg	1:00 Crochet, Knitting & Needlework
6:30 Aqua ZUMBA	1:00 cards/Mah jongg			
	5:00 Bocce		5:00 Bocce	
		7:00 Rummy Cube		
	GARBAGE	RECYCLE 8/3, 17 & 31		

LAWN COMPLAINTS: Call TURFMASTERS
AT: 732-349-0444 Leave a MSG on the machine.

SPRINKLER COMPLAINTS: Fill form out
located in C/H and place in complaint box.

Problems will be investigated within 24-48 hours.

Federal Irrigation: 732-349-9905. After hour

emergencies **ONLY:** Bob Mathiasen 732-600-4847

RESIDENT'S ASSOCIATION MEETING-
August 8th at 7:00 PM. Refreshments served.

ADMINISTRATION ACTIVITY OFFICE:

Hours: 8:00 – 1:30 p.m.

Administration Office Phone: 732-920-9099



August 2022

Monthly Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 2:00 PM MOVIE MATINEE	8 9:00 AM Bd of Trustees 7:00 PM Residents' Assoc Mtg	9 1:00 PM Women's Club Exec Bd 4:00 PM Recreation	10 10:30 AM Garden Club	11 9:30 AM Regular Travel 10:15 AM Combined Activities 11:00 AM Bylaws	12	13
14	15	16 GARBAGE	17	18	19	20
		GARBAGE	RECYCLE			
		9:00 AM Architectural	11:30 AM Men's Club			
		10:30 AM Buildings & Grnds	6:45 PM Social			

PHOTOCOPIER: FOR RESIDENT USE IN THE BILLIARD ROOM. The machine is available anytime to use. Copies are five cents each. Please be sure to have EXACT change.

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a DEATH call Rose Szpara – 732-920-7898 or to report an ILLNESS/HOSPITALIZATION call: Joyce Speziale – 732-701-3260. Please do not call the office.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686 between 9am & 11 am.

Return Form To:
Brick Township Clerk
401 Chambers Bridge Road
Brick, New Jersey 08723

APPLICATION FOR "DO NOT KNOCK" REGISTRY

I am requesting registration of the following address upon Brick Township's "DO NOT KNOCK" Registry.

I am the (check appropriate): _____ Owner _____ Occupant of the premises.

I understand that my address shall be placed upon a list to be kept by the Township Clerk. The list will be provided to any licensee who is issued a license to conduct door to door sales pursuant to Chapter 324, Section 23 of the Codified Ordinances of the Township of Brick. I understand that registration upon the "Do Not Knock Registry" does not prohibit door to door solicitation by non-profit, charitable, religious or political organizations.

Information to be included on "Do Not Knock" Registry:

Street Address: _____

Building – Apt. #: _____

City: _____ **State:** NJ **Zip:** _____

For Informational Purposes Only:

Resident Name: _____

Telephone Number: _____ (Optional)

Owner Name: _____
(If different than resident)

Telephone Number: _____ (Optional)

Owner Street Address: _____
(If different than resident)

Owner City: _____ **State:** _____ **Owner Zip:** _____
(If different than resident)

Stickers will be available in the Twp. Clerk's Office for \$1 each.

Signature

THIS MOMENT

Author: Unknown

Submitted by Rose Szpara

I may never see tomorrow
There's no written guarantee
And things that happened yesterday
 Belong to history
I cannot predict the future
I cannot change the past
I have just the present moment
I must treat it as my last
I must use this moment wisely
For soon it will pass away
And be lost to me forever
 As part of yesterday

I must exercise compassion
Help the fallen to their feet
Be a friend unto the friendless
Make an empty life complete
The unkind things I do today
 May never be undone
And friendships that I fail to win
They may never more be won
I may not have another chance
 On bended knee to pray
And thank God with humbled heart
 For giving me this day

LHS WOMEN'S CLUB

Clara Ciuffo-Clarke

The 4th of July was a beautiful Monday morning in Lions Head South and I hope that you all were able to enjoy the weather and opportunities to spend time with your families and friends.

In June, we had a surprise chef sent to us by Shorrock Nursing Home, complete with the how-to on healthy meal preparation and a provided lunch. The lunch was preceded by preparation and sampling of two delicious recipes made in front of our eyes. The preparation was done by a wonderful lady representing Chefs for Seniors, Kathy Kimm, who has also offered to send me her recipes and to attendees who gave her their email accounts. I would like to send them to the Pride Editor for the Food column if there is interest to share them.

Our August meeting will be another "Bring your own lunch" social and individual games. Check our Bulletin Board in the clubhouse. Come as you are, but not wet from the pool.

I should be able to finalize a "MUM" order in a few days and will keep you aware as soon as possible. This article must be submitted in July for the August Pride edition, so listen to the robocalls and check for sales desks in the clubhouse on Monday mornings to order and pay. As in the past, I will certainly need help and by the July meeting, hopefully, faithful volunteers will come forward.

Enjoy your summer months here in LHS. Be safe, stay cool and I look forward to seeing you each month.

LIBRARY COMMITTEE

Janet Petersen

As the "lazy, hazy, crazy" days of summer 2022 are upon us, the LHS Library Committee is hoping everyone is making the most of the extended sunshine days of the season. This article is just a reminder that our Lions Head Lending Library in the clubhouse lobby is open to all residents free of charge without the need to sign anything out. Please help yourself to our many offerings and return items at your leisure.

We'd also like to remind residents that donations of **Large Print Books** are truly valuable to our community and would be most welcome and appreciated no matter what genre, topic or copyright date they may be. These donations can be left on the "returned books" shelves or on the large table in the library area.

On a personal note, as Committee Chair, I would like to take this opportunity to thank my wonderful Lions Head South Library Staff for their tireless efforts and dedication in making ours one of the best and well-kept adult community libraries in the area. Listed are our committee members: Lori Bigley, Lucy Coburn, Beth Comandini, Carol Contini, Judy Conway, Barbara Garrabrant, Marjorie Kennedy, Sara Millard, Lorna McGarry, Sandy Mount, Dee Romani, and Rose Selinski. If you see them around our community, please feel free to say "hello" and thank them for volunteering and all their help in this worthwhile endeavor.

Here's wishing all our Lions Head South friends and neighbors a wonderful remaining summer season!

Attention Golfers!

SAVE THE DATE

Lions Head South Country Club Presents

The Brian Halm

ANNUAL TOURNAMENT

Is coming on

Saturday, September 24, 2022

**Multiple Cash Prizes on Every Hole
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(3 flights – details to be announced)

\$30.00 per person Applications will be available
At the LHCC Clubhouse Starting August 1, 2022

Register ASAP!

See flyer for additional details.

Rain Date September 25th

THE RECIPE BOX

Sue Auer

THE BAGEL...As the summer moves forward and the BBQ becomes TOO MUCH.... the versatile BAGEL is greatly appreciated for "A MEAL CHANGE!"

Legend has it, the BAGEL was developed in 1683 by a Polish King. The writings and stories of the BAGEL date back to Krakow in 1610. Other Eastern European, Italian & Chinese breads inspired the BAGEL, dating back to the 1300's! In the 19th century BAGELS arrived in the U.S. with Eastern European immigrants. And the "Ethnic Food Trend" in 1970 added BAGELS to our MENU OPTIONS!

THE BREAKFAST BAGEL - The Classic with a Twist

Ingredients:

- Panini press or range top grill pan
- 1 everything bagel (or bagel of choice)
- 1 scrambled jumbo egg
- 1 slice of prosciutto
- 1 slice of provolone cheese
- 1 small handful of arugula

Directions:

1. Heat to high temperature a Panini press or range top grill pan
2. Slice bagel in half (horizontal)
3. Place 1 scrambled egg on 1 side of bagel
4. Layer prosciutto & provolone cheese on top of egg
5. Place top on bagel & place sandwich into heated press or grill pan (with spatula press bagel several times)
6. Open top & place small handful of arugula, cover
7. Cut in half & serve with juice

THE LUNCH BAGEL - the Simple Pizza

Ingredients:

- baking pan
- 4 slices of fresh mozzarella cheese
- 4 basil leaves
- 4 tbsps. of your favorite tomato sauce
- 1 bagel of choice (recommended sesame)

Directions:

1. Preheat oven to 400*
2. Slice bagel in half (horizontal) & toast & place on baking pan
3. On each side place 2 tbsps. tomato sauce
4. On each side place 2 slices of mozzarella cheese
5. Place baking pan in hot oven, remove when cheese is bubbling
6. Place 2 basil leaves into cheese
7. Serve with tossed salad

THE DINNER BAGEL - The Garlic Lover Bagel

Ingredients:

- baking pan
 - 1/2 lb deli thinly sliced London broil
 - 2 slices swiss cheese
 - 4 tps. soft butter
 - 2 tps. finely chopped garlic
 - 1 garlic bagel
 - 2 tps. horseradish cream
- #### Directions:
1. Preheat oven to broil 550*
 2. Slice bagel in half (horizontal) & lightly toast, place on baking pan
 3. On each side spread soft butter & chopped garlic.... melt quickly in oven
 4. Place deli London broil evenly, 1/4 lb. each side
 5. On each side place Swiss cheese
 6. Place baking pan high in oven, remove when cheese melts slightly
 7. Drop 1 tsp. of horseradish cream on top of each side.
 8. Serve with onion rings

WISHING everyone a very Happy & Healthy & Safe August 2022.

ALWAYS WELCOMED: Recipes for FUTURE issues of the Pride.

SEND TO: sauer1948@hotmail.com.

ALSO: Call or Text questions, ideas, recipes, cooking conversation or your favorite restaurant suggestions to SUE A @ 201-982-4024!



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BUILDING & GROUNDS

Bob Mathiasen

The Buildings and Grounds Committee welcomes August and hopes all our LHS residents are enjoying your summer with family and friends!

As reported in the Robocall in June, surveying of common ground property lines has been underway in our community. The surveyors are leaving stakes in the rear and side yards. **PLEASE DO NOT REMOVE THESE STAKES.** It is imperative they remain there until our maintenance staff replaces them with permanent markers, which will take place in the near future.

As per Lions Head South Association Regulations, it is the resident's responsibility to prune tree branches on the sidewalk street trees. All tree branches overhanging the sidewalk shall be pruned to a minimum of seven (7) feet up from the sidewalk. Please be sure and adhere to these regulations.

As a reminder, for all TurfMasters concerns or issues, please call TurfMasters directly at: 732-349-0444.

Federal Irrigation sprinkler systems have been in full swing as of mid-May. If you have any complaints or issues, retrieve a Federal Irrigation form outside the Clubhouse and place in the Complaint Box. All problems will be investigated within 24-48 hours. Federal Irrigation: 732-349-9905.

WEBSITE COMMITTEE

Tony Bruzaitis

If you have not visited our website lately (www.lionsheadso.com), take a few minutes to explore the resources we have added.

Our What's New! section has current information about upcoming LHS Events and Activities (sign-up dates, costs, etc.). Does your committee or club have news for the website? An online form is available in the Contacts section so committees and clubs can provide us with the information to promote their events/activities. Just go to Contacts and click on the green button to access the Event/Activity Form.

In addition to the main calendar, we have added a calendar just for the Lions Head Country Club (located on their web page) so golfers can see the schedule of activities at the course.

Our committee is now meeting on the third Monday of the month at 10am at the clubhouse, and every other month we are meeting at 7pm in the evening so those who are not available during the day can join us. Our next evening meeting will be Monday, August 15. Please join us then to learn what we do and how you can be a part of the committee. You do not need to be a computer wiz. If you can view a webpage you can help us.

J.I.L.
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ads-4803

My family and I would like to thank all the people who helped make Patrick's Memorial Tournament such a success.

A special thank you to Brian, Lee, Jim and Pat and their committee. LHCC, WGA and Mens Club for making this day possible. We would also like to thank Shorrock Gardens for providing Lunch.

The outpouring of love, support and generosity shown by all who were a part of this day will never be forgotten. Thank you, Joe Bill



Nicholas Romano - Joe Bill - Matt Bill - Joe Bill - Charlene Romano - Doreen Romano

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Mondays, July 25, August 1, 8, 15

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KIRMS PHOTOGRAPHY

How Your Camera Works

I've not run this article in quite some time, so this month we'll have a refresher course. Did you ever wonder what is going on inside your camera, or cell phone, when you take a picture? Many things are going on simultaneously, but here's the quick version.

When you push the shutter button halfway (camera) or touch the screen (cell phone) the focusing system is activated and the camera/phone locks on the subject. The metering system measures the amount of light and determines the correct exposure.

When you push the shutter the rest of the way, (camera) or tap the screen (cell phone) the aperture (similar to the iris in your eye) opens to the correct

size, and the sensor chip (digital "film") is charged and the shutter opens to allow the light to hit the sensor. In cameras without a shutter and cell phones, the sensor is charged for the correct amount of time for a proper exposure.

When the correct amount of light has hit the sensor the shutter closes. The camera processes the image and stores it to the digital media.

That's it for this month. View my images online at www.KirmsPhotography.com. As always you can email me with any photographic questions at bill@KirmsPhotography.com. Remember to keep shooting and trying to improve your images, but most importantly, have fun with your camera.

