

SENIOR SERVICES



BRICK TWP SENIOR OUTREACH SERVICES GUIDE

(732) 920-8686

Making a positive difference in the lives of our Senior Residents by improving access to health, education, social and supportive services thereby helping them live with dignity and independence.

Our Senior Outreach Program provides information and assistance on many important issues that our seniors face today – Medicare, RX coverage, Medical Transportation, Nutrition, Health Screenings and applying for various benefit programs are just some of the areas we can assist you with. At your request, we will conduct a one on one session with you to determine if you are eligible for government assistance programs and assist with the completion of these applications to help you obtain the help you need.

We are a full service center promoting socialization, education, physical health, and fitness available.

ELIGIBILITY REQUIREMENTS:

AVAILABLE TO BRICK TOWNSHIP RESIDENTS AGES 60 AND OLDER.

WE OFFER A VARIETY OF SERVICES AND PROGRAMS INCLUDING:

- CHAIR/AEROBICS
- CHAIR YOGA
- BINGO
- BOOK NOOK READING GROUP
- TAI CHI – MONDAY & FRIDAY – 9:45–10:45
- WALKING CLUB – THURSDAY – 9:00 (WEATHER PERMITTING)
- WATER/OIL/ACRYLIC CLASS
- WRITING GROUP
- ZUMBA CLASS

Staff members are trained to provide you with information on a wide variety of topics and will meet with you to complete an assessment to determine your eligibility for the programs. These include:

- CAREGIVER RESOURCES
- EDUCATIONAL PROGRAMS
- HEALTHCARE/MEDICARE COUNSELING
- HOME CARE SERVICES
- LEGAL SERVICES
- MEALS ON WHEELS

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- NUTRITION PROGRAMS
- NJ STATE RX ASSISTANCE PROGRAMS
- PROPERTY TAX REIMBURSEMENT/HOMESTEAD REBATE
- TRANSPORTATION – FOR MEDICAL, SHOPPING, AND TO THE SENIOR CENTER
- UTILITY ASSISTANCE PROGRAMS

SERVICES:

- HEALTH SCREENINGS AND WORKSHOPS
- MENTAL HEALTH REFERRALS
- NOTARY PUBLIC
- PAAD/LIFELINE/SENIOR GOLD PROGRAMS – PRESCRIPTION ASSISTANCE PROGRAMS
- PROJECT ICEBOX – REFRIGERATOR POUCH FOR MEDICAL EMERGENCIES
- STATE HEALTH INSURANCE PROGRAM ASSISTANCE (SHIP)- MEDICARE COUNSELING
- TELEPHONE REASSURANCE PHONE CALLS – FOR HOMEBOUND OR ISOLATED SENIORS

MEDICAL Transportation services are limited to: BRICK

- WELLNESS VISITS
- GOVERNMENT AGENCIES

All appointments should be scheduled between 9am and 11am. The maximum time for each appointment is one hour. Please call Senior Outreach Services two weeks prior to your appointment.

OTHER AVAILABLE TRANSPORTATION SERVICES:

- OCEAN RIDE – 732-736-8989
- CAREGIVER VOLUNTEERS OF CENTAL JERSEY – 732-505-2273
- SAFE HOUSING AND TRANSPORTATION – 732-349-1500

Shopping Bus transportation available Monday – Thursday - call for details.

TRANSPORTS TO OUR SENIOR CENTER IS AVAILABLE Monday – Friday

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NUTRITION PROGRAMS:

Congregate site: (Currently suspended)

The program is open to seniors ages 60 and over. A mid-day meal is served at 11:30am, Monday through Friday except with the exception of holidays. Reservations are required for this program. Please call 732-920-0700 before 11am on the day prior to your requested meal. Bus transportation is available to attend the Senior Center and the Nutrition Congregate site for daily lunch.

Assessment for MEALS ON WHEELS:

To qualify you must meet the following eligibility criteria:

- AGE 60 AND OVER
- HOMEBOUND
- INCAPACITATED DUE TO ACCIDENT, ILLNESS, OR FRAILITY
- UNABLE TO PREPARE MEALS SAFELY
- LACKING SUPPORT FROM FAMILY, FRIENDS, NEIGHBORS
- DISABLED

DONATION POLICY :

There is no charge for any of our senior programs, however, individuals can make a voluntary contribution for services received. All contributions are used directly for all our programs and services.

Reasonable accommodations will be made for individuals with disabilities.