

Caregiver Volunteers of Central Jersey



We are an interfaith nonprofit agency dedicated to providing free supportive services to the home-bound, 60 years or older, who no longer drive; helping them to continue to live independently in their own homes. Services offered in Ocean & Monmouth Counties.

OPPORTUNITIES TO VOLUNTEER

- **Medical Transport:** Provide rides to and from doctor appointments.
- **Food Shopping:** Every 2 weeks for one of our receivers.
- **Online Food Shopping:** Extended Training provided.
- **Veteran to Veteran:** Veteran volunteers & receivers are matched for services.
- **Caregiver Canines® Pet Therapy:** Take your certified therapy dogs for visits with the elderly.
- **Respite Care:** Visit weekly to provide a much needed break for a caregiver.
- **Alzheimer's Respite Care:** Visit weekly with a senior with dementia & Alzheimer's to give caregiver a break. Extended training provided.
- **Reassurance Phone Calls:** Weekly calls to reduce social isolation.
- **Companion Visits:** Weekly visits with an isolated senior.
- **Connect Thru Music:** Provide music therapy for someone with dementia. Extended training provided.



Contact Us:

Main #: 732-505-2273

info@caregivervolunteers.org
caregivervolunteers.org

Like us on
[Facebook@CaregiverVolunteers](https://www.facebook.com/CaregiverVolunteers)

BECOME A CAREGIVER VOLUNTEER!

Join our corp of amazing volunteers that assist seniors in Ocean & Monmouth Counties. Just 3 easy steps to make a difference in someone's life.

1

Sign up for a Virtual Volunteer Orientation at www.caregivervolunteers.org/volunteer.

2

Attend a Virtual Orientation and fill out a Volunteer Registration Form.

3

Get matched with a senior in your community who needs your help! Hours are flexible and are based on your availability.



Visit
caregivervolunteers.org
for more information or
contact our office at
732-505-2273 or email
info@caregivervolunteers.org

