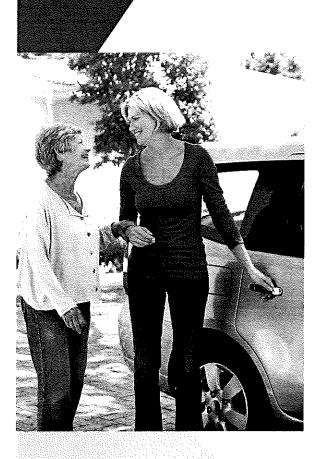
Caregiver Volunteers of Central Jersey



We are an interfaith nonprofit agency dedicated to providing free supportive services to the home-bound, 60 years or older, who no longer drive; helping them to continue to live independently in their own homes. Services offered in Ocean & Monmouth Counties.

## **OPPORTUNITIES TO VOLUNTEER**

- Medical Transport: Provide rides to and from doctor appointments.
- **Food Shopping:** Every 2 weeks for one of our receivers.
- Online Food Shopping: Extended Training provided.
- Veteran to Veteran: Veteran volunteers & receivers are matched for services.
- Caregiver Canines® Pet Therapy: Take your certified therapy dogs for visits with the elderly.
- **Respite Care:** Visit weekly to provide a much needed break for a caregiver.
- Alzheimer's Respite Care: Visit weekly with a senior with dementia & Alzheimer's to give caregiver a break. Extended training provided.
- Reassurance Phone Calls: Weekly calls to reduce social isolation.
- **Companion Visits:** Weekly visits with an isolated senior.
- Connect Thru Music: Provide music therapy for someone with dementia. Extended training provided.



## **Contact Us:**

Main #: 732-505-2273

info@caregivervolunteers.org caregivervolunteers.org

Like us on Facebook@CaregiverVolunteers

## BECOME A CAREGIVER VOLUNTEER!

Join our corp of amazing volunteers that assist seniors in Ocean & Monmouth Counties. Just 3 easy steps to make a difference in someone's life.

Sign up for a Virtual Volunteer Orientation at www.caregivervolunteers.org/volunteer.



Attend a Virtual Orientation and fill out a Volunteer Registration Form.



Get matched with a senior in your community who needs your help! Hours are flexible and are based on your availability.

Visit caregivervolunteers.org for more information or contact our office at 732-505-2273 or email info@caregivervolunteers.org

